

**2011-2012 DISTRICT 2-E1
DIABETES AWARENESS ESSAY CONTEST RULES**

TOPIC “Education, Prevention, Detection and Treatment—Type 2 Diabetes”

With diabetes becoming ever more prevalent in our society, describe the way we educate, attempt to prevent diabetes and detect diabetes, as well as the treatments that can minimize the severity of the disease. Explore how improvements to education, prevention, detection and treatment can be made and tell how you and your peers can make an impact on the process.

1. The title of the contestant’s essay is not required to be the same as the subject for the essay. Contestants should be creative in the selection of an essay title and set the tone for their presentation with the title they choose. The essay should analyze the problem given in the subject and present a solution or solutions to the problem. The topic is broad and allows the contestants considerable leeway in the selection of their solution or solutions. Creative, innovative, practical and reasonable ideas are welcome.
2. Each contestant shall personally research, write, and read his/her contest essay.
3. Research for this topic can be conducted by interviewing school officials, counselors, teachers, school nurses and medical personnel, and by using the internet and library.
4. The essay shall be a written article, to be read by the contestant, to be judged by a panel of judges in competition with other contestants.
5. The essay shall not exceed 1500 words. All words in the essay are counted including articles, conjunctions and pronouns, such as “a,” “an,” “the,” “and,” and “I.”
6. The essay must include a bibliography of sources used in its composition. Note: the bibliography is not included in the 1500 word count. The essay document shall be double spaced, with page numbers beginning on page 2.
7. The following criteria shall be used for judging the essay:
 - a. Sixty percent (60%) of the score shall be based upon the authenticity, current information and an application of the assigned essay topic.
 - b. Fifteen per cent (15%) of the score shall be based on grammar, spelling, sentence structure, pronunciation, enunciation, correct word usage, and relationship to the assigned essay topic.
 - c. Twenty-five per cent (25%) of the score shall be based on the understandability of the essay through personal presentation techniques, in the use of posture, eye contact and voice by its modulation, volume, speed, and clarity.
8. Video equipment may not be used in the contest.
9. The contest will be conducted in English.
10. Immediately prior to the commencement of the contest, contestants will draw for the order of appearance before the judging panel.
11. Contestants shall remain outside the contest area until invited to enter by the contest official.
12. Cell phones and other electronic devices should be turned off during the contest. The audience will be instructed not to applaud after the reading of any essay.
13. No one will be allowed to enter or exit the contest area during the reading of the essay, or leave once they enter until the contestant has presented his/her essay and the judges have finished scoring. When the contestant completes the reading of the essay, he/she should be seated in the contest area. In the case of a medical or other emergency, a person may exit, but will not be permitted to return until admitted by a contest official.

14. Contestants will not give any self-introduction but shall state the title of their essay and then deliver the essay. The student must bring his/her *own* copy of the essay to the contest. The student copy may be highlighted or marked as the student wishes. The student is encouraged to place the essay inside a thin dark-colored looseleaf notebook for ease of reading.

15. After the judges have been dismissed from the contest area to make their decision, the contestants in the order of their presentation will be asked to stand and to state their name, hometown, grade level, school, and sponsoring Lions Club.

16. At the end of the introductions, the audience may applaud to show support for the contestants.

17. Parents of the contestants may be introduced at the discretion of the contest official.

18. The audience will be asked not to take photographs during the contest. At the end of the contest, individual and group pictures may be taken.

19. The winner and the runner-up will be announced at the luncheon or other appropriate time. The contest judges may be introduced at this time at the discretion of the contest official. A \$1,000 scholarship will be awarded to the winner, a \$500 scholarship to the runner-up. Scholarships are awarded subject to the District Scholarship Rules. *The contest winner must be able to compete at the State Contest in Houston on May 18-19, 2012*, at the Sheraton North Houston, 281-442-5100, 15700 JFK Boulevard, Houston, Texas 77032. The State winner and runner-up scholarship amounts are posted on the district website <http://lions2e1.org>.

20. Information requirements for the contest are outlined in the *General Requirements for District 2-E1 Youth Contests*. These requirements are posted on the District Website (<http://lions2e1.org>) and information on the requirements can be obtained from the District Youth Contest Coordinator. **The District Contest will be held Saturday, January 28, 2012, in Abilene, Texas, at St. Paul United Methodist Church fellowship hall, at 5th and Orange Streets. Youth contestants should be present when registration begins.**

District Youth Contest Coordinator: **Lion Carolyn Stroud, 1407 Crescent Drive, Graham, Texas, 76450** stroudcg@sbcglobal.net home 940-549-7147 cell 512-731-8149

Application Deadline: January 18, 2012. Includes application, all required documents, two (2) wallet-sized color photographs (head and shoulder close-up), and three (3) printed copies of the essay (including the bibliography). All documents and photos must be mailed to the District Youth Contest Coordinator.